



Carlton Miniott C.P. School –Physical Education Report 2017

Focus for 2016/7

- **To support the children who do not like physical activity to be more active and improve their attitude to PE lessons.**
- **To get less able children involved in competitions by sending two teams to competitions.**
- **To build teachers confidence in teaching skills associated with particular team games.**
- **To build resilience in all children.**

How these aims were achieved:

- **To support the children who do not like physical activity to be more active and improve their attitude to PE lessons.**

Specific targeted groups of children (identified through last year's PE surveys) were offered extra PE sessions. These short slots may have been activities the children wanted to 'have a go at' or things they felt they 'weren't very good at'. Barriers to their full participation in PE – We found by removing these barriers their confidence rapidly developed. This has had a massive impact on the engagement of these children. One of the children is getting a sports award this year for her achievements in PE.

- **To get less able children involved in competitions by sending two teams to competitions.**

It was found that sending two teams of differing abilities didn't work as the competitions were too competitive for the least able. What did work well was the specific festivals aimed at this group of children such as Tchukball and Dodgeball. This gave the children a real buzz and self-confidence and included work on the social side of sport that is also important for this group of children. This is something we wish to expand in the coming year.

- **To build teachers confidence in teaching skills associated with particular team games.**

The PE specialist introduced an assessment scheme called Skill Ladders. This made staff find out about the skills the children needed to be able to do and teach them. Where staff were unfamiliar with these skills they would seek advice about the way they needed to be taught. This improved the quality of skills teaching. This had a particular impact during the teaching of winter sports. Due to changes in staff there still isn't consistency in games teaching across the school and more focused training with specific members of staff and aimed at different Key Stages will be carried out in the coming year.

- **To build resilience in all children**

This has been a continual theme across the year in all classes. There has been a particular impact on the less engaged. Teams across the school have had more success this year at both the competitions and the festivals with children pushing themselves to win. This led to teams attending the County finals at the Youth Games and was very evident at sports day where there was not one child who did not complete their race.

Actions from last year's surveys of staff and pupils.

- The PE specialist has worked alongside the Reception class teacher to put together a plan for physical development and PE across the early years. We have used early identification to assist any pupils requiring additional help with physical skills by giving individual intervention within PE lessons.
- The PE specialist worked with the member of staff who identified games as an area for development to look at how the teacher's confidence could be increased - This happened over two terms. The PE specialist worked alongside the member of staff initially teaching lessons in invasion games – using small sided simple games to give the teacher confidence to develop her own skills – She then took over the main teaching role with the PE specialist supporting – assisting more able children to achieve within lessons.
- An additional teacher has been used for swimming lessons to support staff in improving the teaching of swimming.

Competition success

Netball Year 5/6	Thirsk Area Winners
Cross Country - Year 3-6	8 runners through to Thirsk area Finals 2 runners through to North Yorkshire Finals
Sport Hall Athletics Year 5/6	Thirsk Area – Gold medal winners - Selected team – mixed
Football Year 5/6	Thirsk Area Winners
Football Year 3/4	MFC Foundation - Lee Stephenson Cup – Finalists
Quick Cricket Year 5/6	Year 5/6 selected team – Thirsk area winners - Hambleton Area winners Selected to represent Hambleton in the North Yorkshire School Games
Quadkids Athletics All years	Selected teams - Year 3/4 Thirsk Area winner – Year 5/6 Thirsk area winners Year 3/4 Qualified to represent Hambleton in the North Yorkshire School Games
Swimming Year 5/6	Third place Thirsk area
Dodgeball /Tchoukball	Pupils from Year 5/6 were selected to participate in this festival and came home with a medal for their efforts
Pupils also participated in :	Tennis , Gymnastics, Quicksticks Hockey and multi skills,

Cluster festivals:

In addition to the School games competition calendar which is for a 'select' number of pupils, all pupils in addition, were given the opportunity to participate in the following competitions:

Year 5/6 participated in a leadership festival at Sowerby School

Year 1 and 2 participated in multi- skills activities, devised by Year 5 and 6 in the KS2 leadership festival and the fun run

Year 3 /4 classes participated in the first fitness festival at winning the team challenge prize!

Community Links

During School Sports week we were lucky enough to enjoy:

Trampolining at Thirsk High School

Wheelchair basketball delivered by York Sharks

Archery thanks to Thirsk Bowmen

Zumba

Hockey, thanks to Thirsk Hockey Club

Rugby

Tchukball thanks to the staff at Thirsk School

Statistics – from Pupil and staff survey

- **100%** of pupils have participated in a **competitive events** against pupils from another school.
- **86%** of pupils participated in **extra - curricular activities**.
- **20 %** of pupils are engaged in Leadership activities

How can you be Healthy and active?

- 'Don't eat junk food often'
- 'Drink Water'
- Stop watching TV as much'

How do you feel you could improve next year?

- 'Be a faster runner – to touch my toes'
- Get a better time in long distance'
- 'I'd like to be better at throwing'

Staff Questionnaire comments

I am confident delivering most areas of PE but sometimes feel unqualified to teach good quality gymnastics.

I enjoy delivering outdoor PE: games, athletics, and outdoor and adventurous type activities. I find dance, and gymnastics to a lesser extent, more difficult to deliver well.

Actions for next year

Areas highlighted in the questionnaires have led to two key actions in the coming year.

1. The sports specialist is going to plan for each teacher at the start of each term and then support them in their teaching in order to build confidence in teaching specific skills particularly in Gymnastics, dance and certain games.
2. As well as targeting those children who find PE difficult the PE specialist will also target the most able and provide specific events for the most able to be challenged by competing against the most able from other local schools.

Quality Mark

The school achieved Sainsbury's School Games 'Gold' kite mark for the third year running