

Carlton Miniott Primary School Sex and Relationship Education Scheme of Work

Year 4

Theme/learning outcomes	'I Can' assessment statements	Suggested Resources
<p>Unit 1</p> <p>Keeping Myself Safe</p> <p>Learning Outcomes</p> <p>To understand and be able to use assertiveness skills.</p> <p>To have practised being assertive in different situations (e.g. including e-safety).</p> <p>To identify source of information and support</p>	<p>I can take responsibility for my own behaviour and safety and realise that actions have consequences</p> <p>I have some strategies to cope with peer influence and peer pressure</p> <p>I can identify and explain how to manage the risks in different familiar situations.</p> <p>I know how to ask for help</p> <p>I can make judgements and decisions and use basic techniques for resisting negative peer pressure</p> <p>I can judge what kind of physical contact is acceptable or unacceptable</p> <p>I know that not everything on the internet is true and know what to do if I access something inappropriate</p> <p>I understand the need to keep some information private in order to protect myself when communicating online.</p> <p>I begin to recognise how electronic communications may be used for manipulation or persuasion</p>	<p>NSPCC – PANTS campaign</p> <p>Link to E-safety curriculum</p> <p>Childline</p>