

North Yorkshire County Caterers – Autumn Term Menu 2017 – Choice Menu

|  | <b>WEEK 1 served w/c:</b><br>4 <sup>th</sup> and 25 <sup>th</sup> Sept, 16 <sup>th</sup> Oct, 13 <sup>th</sup> Nov,<br>4 <sup>th</sup> Dec  | <b>WEEK 2 served w/c:</b><br>11 <sup>th</sup> Sept, 2 <sup>nd</sup> and 30 <sup>th</sup> Oct, 20 <sup>th</sup><br>Nov, 11 <sup>th</sup> Dec  | <b>WEEK 3 served w/c:</b><br>18 <sup>th</sup> Sept, 9 <sup>th</sup> Oct, 6 <sup>th</sup> and 27 <sup>th</sup><br>Nov, 18 <sup>th</sup> Dec   |
|--|---|--|--|
| <b>M<br/>O<br/>N<br/>D<br/>A<br/>Y</b>                   | <b>Meat Free Monday</b><br>Quorn Tikka Masala & Brown Rice<br>v Cheese Topped Veggie Burger in<br>a Bun<br>Broccoli & Sweetcorn<br>Herbie Bread<br>*****<br>Sticky Toffee Pudding &<br>Custard<br>Fresh Fruit & Yoghurt | v Organic Pork Meatballs in<br>Tomato sauce with Noodles<br>Cheese, Leek & Potato Bake<br>Sweetcorn<br>Peas<br>Wholemeal Bread<br>*****<br>Arctic Roll & Peaches<br>Fresh Fruit & Yoghurt  | Ham Pizza<br>Tuna Jacket<br>Chips Peas & Carrots<br>Sunflower Seed Bread<br>****<br>Rice Pudding & Jam<br>Fresh Fruit & Yoghurt  |
| <b>T<br/>U<br/>E<br/>S<br/>D<br/>A<br/>Y</b>             | Homemade Sausage Roll<br>v Vegetable Frittata<br>Chipped Potatoes<br>Baked Beans & Peas<br>Sliced Wholemeal Bread<br>*****<br>Strawberry Yoghurt & Abbey Biscuit<br>Fresh Fruit & Yoghurt                               | Cottage Pie<br>v Sweet Lentil Curry & Rice<br>Medley of Roasted Vegetables<br>Savoy Cabbage<br>Pitta Bread<br>*****<br>Apple Cinnamon Crunch Crumble<br>& Custard<br>Fresh Fruit & Yoghurt | Minced Beef & Dumpling<br>v Sweet Potato & Vegetable<br>Bake<br>Savoy Cabbage & Carrots<br>Creamed Potatoes<br>Crusty White Bread<br>****<br>Custard Cookie & Apple Wedge<br>Fresh Fruit & Yoghurt                   |
| <b>W<br/>E<br/>D<br/>N<br/>E<br/>S<br/>D<br/>A<br/>Y</b> | Minced Beef & Yorkshire Pudding<br>v Mexican Beans & Rice<br>Roast Parsnips<br>Carrots<br>Creamed Potatoes<br>Crusty Bread<br>*****<br>Apricot Bar<br>Fresh Fruit & Yoghurt   | Roast Chicken, Stuffing & Gravy<br>v Crumbed Topped Vegetable<br>Carrots & Green Beans<br>Parsley Potatoes<br>Herbie Bread<br>*****<br>Krispie Date Crunch<br>Fresh Fruit & Yoghurt        | Chicken Korma & Savoury Rice<br>v Two Bean Hot Pot<br>Broccoli & Cauliflower<br>Naan Bread<br>****<br>Fruity Gingerbread & Custard<br>Fresh Fruit & Yoghurt  |
| <b>T<br/>H<br/>U<br/>R<br/>S<br/>D<br/>A<br/>Y</b>       | Chicken Fingers(Sage & Onion)<br>v Vegetable Lasagne<br>Mixed Salad with Beetroot<br>Baked Potato<br>Pitta Bread<br>*****<br>Pineapple Shortcake & Custard<br>Fresh Fruit & Yoghurt                                     | Pizza<br>v Stuffed Courgette<br>Veg Sticks<br>Chipped Potatoes<br>Poppy Seed Bread<br>*****<br>Chocolate Surprise Cake &<br>Chocolate Sauce<br>Fresh Fruit & Yoghurt                       | Tex Mex Bake<br>(Minced Beef and Potato layer)<br>v Roasted Vegetable Tomato<br>Pasta<br>Green Salad & Tomato Salsa<br>Poppy Seed Bread<br>*****<br>Autumn Marble Berry Sponge &<br>Custard<br>Fresh Fruit & Yoghurt |
| <b>F<br/>R<br/>I<br/>D<br/>A<br/>Y</b>                   | Battered Fish<br>v Veggie Sausage<br>Tomato Sauce<br>Peas & Carrots Sticks<br>Potato Wedges<br>Sunflower Seed Bread<br>****<br>Chocolate Crispie and Orange<br>Quarter<br>Fresh Fruit & Yoghurt                         | Breaded Salmon Fillet<br>Tomato Sauce<br>v Macaroni Cheese<br>Broccoli & Carrots<br>Potato Wedges<br>Tomato Bread<br>*****<br>Swiss Bun<br>Fresh Fruit & Yoghurt                           | Fish Fingers<br>v Cheese & Potato Quesadilla<br>Sweetcorn & Baked Beans<br>Chipped Potatoes<br>Wholemeal Bread<br>*****<br>Apple Cake<br>Fresh Fruit & Yoghurt   |